



CANTEEN MINISTRIES

Checklist for Blessing Bags

Blessing bags are an essential part to the Canteen Ministries program. On designated days, the Mobile Canteen travels to different areas of the city to deliver meals and distribute blessing bags to our most vulnerable neighbors. The items below are suggested items needed to fill each bag. Travel-sized items work great!

FEEL FREE TO GATHER ITEMS SPECIFIC FOR BABIES AS WELL.

NECESSITIES

- ☐ Gallon Ziploc Bag
- ☐ Hand Warmers
- ☐ Bottled Water
- ☐ Band-Aids
- ☐ Wipes
- ☐ Hand Sanitizer
- ☐ First Aid Kit
- ☐ Rain Poncho
- ☐ Baseball Cap

NON-PERISHABLE FOODS

- ☐ Instant Oatmeal
- ☐ Granola Bars
- ☐ Energy Bars
- ☐ Tuna/Cracker Packs
- ☐ Trail Mix
- ☐ Raisins
- ☐ Peanuts
- ☐ Fruit/Applesauce (with spoon)
- ☐ Gum/ Candy
- ☐ Beef Jerky Sticks

TOILETRIES

- ☐ Washcloth
- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Floss
- ☐ Soap
- ☐ Shampoo/Conditioner
- ☐ Deodorant
- ☐ Feminine Products
- ☐ Brush/Comb
- ☐ Hair Ties
- ☐ Lotion
- ☐ Chapstick
- ☐ Sunscreen
- ☐ Face & Body Care
- ☐ Bug Spray

All Blessing Bags can be delivered to The Purdue Center of Hope, at 696 Jackson Ave, Memphis, TN.
For questions or comments, please email Lauren Foster, Community Relations Coordinator, at
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